



National  
**Children's  
Gardening**  
Week



# Upcycle with Peter Rabbit

**Turn an old drink carton into a plant pot!**



**You will need:** A used drink carton rinsed with water, scissors, a tool to make drainage holes in the base of your cartons (you could use a skewer or screwdriver), multi-purpose compost, microgreen seeds such as cress.

**You will need to work with an adult when using scissors and other sharp objects.!**

## **Instructions:**

- 1. Lay your carton on one side and cut a large rectangle out of the side facing up.**
- 2. Place your pot on a soft surface (such as on the grass outside or on some blue tac). Make some drainage holes by carefully pushing your screwdriver or skewer through the bottom of your pot six to eight times.**
- 3. Fill your pot with compost and gently pat it down. Water the soil lightly.**
- 4. Plant some microgreen seeds in your pot following the instructions on the seed packet.**
- 5. Place your planter on a tray next to a window.**
- 6. Water your planter regularly. Your microgreens should be ready to eat in about two weeks. Cut using scissors and enjoy in a salad or sandwich!**

**Remember, when you upcycle old objects instead of throwing them away, you are helping to look after the natural world for Peter Rabbit and his friends to enjoy!**

